



Advocating for, supporting, and elevating the Community Disability Services (CDS) sector in Alberta

Training & Development

The Alberta Council of Disability Services (ACDS) offers a range of training programs for staff in organizations serving individuals with developmental disabilities. Our learning opportunities are informed, accessible, and flexible. We offer training through three delivery methods:



Virtual Training
Sessions are hosted via Zoom over two to three days



Online Training
Courses can be started and completed at the learner's own pace



Face-to-Face Training
A tutor-facilitated learning and evaluation process is held at the learner's organization

Foundational Training

Foundations in Community Disability Services
An orientation to the essential knowledge, skills, and attitudes needed in the CDS sector

Positive Behaviour Support (PBS) Training
For staff supporting individuals with complex behavioural needs; a CET requirement

Non-Violent Crisis Intervention (No Holds) Training
Focuses on methods to effectively manage and de-escalate high-stress situations; for ACDS members only



Partnership Offerings

Mindful Hearts, Dementia Care Training Program: Teaches effective, proactive support to patients with dementia; partnership with Winnifred Stewart Association

Med Assist: Best practices and information for assisting individuals with medication; partnership with SARC

Trauma-Informed Abuse Investigation Program: A certification course combining theories and practices of investigative interviewing; partnership with Centre for Investigative Interviewing

Specialized Training

We also offer specialized online courses, such as training in **safe bathing practices (toolkit), outcomes measurement, community inclusion, advanced positive behaviour support, workplace investigation, and more.** These programs are designed to strengthen practice in the CDS sector.

Visit acds.ca/training to explore the full suite of offerings.

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