



### **Overview**

The primary measure of service evaluation is based on whether individuals accessing service believe their desired outcomes are being met, as opposed to whether the service provider complies with its own policy and procedure.

CET was developed to measure expectations for Alberta service providers that support individuals within the field of Community Disability Services. Service providers are encouraged to use the CET Standards to evaluate themselves both for their own information and to prepare for an external peer survey.

The CET <u>Standards Manual</u> includes much more than just the CET Standards. Its other sections contain important information that will help you make sense of the standards and their accompanying indicators as you prepare for your next CET survey.

## **Section 1 – Survey Process**

The *Survey Process* section helps organizations prepare for a survey right from the moment ACDS connects them, usually about one year before the actual site survey. It includes details of what the site survey will look like, as well as some additional information about the process in general.

# Section 2 – CET Standards

The **Quality of Life Standards** are directly based on what individuals with disabilities in Alberta, along with their families and support networks, said were important to them. They indicated that their ultimate goal is to have a good quality life in areas such as:

- Homes
- Rights and Personal Control
- Community Inclusion and Leisure
- Employment and Productivity

- Relationships
- Health and Safety
- Abuse Prevention
- Choices and Decision Making

The *Quality of Service Standards* mirror the *Quality of Life* Standards and include indicators in the same sections as above. However, instead of measuring quality of life, they measure how staff support individuals to achieve the quality of life they desire.

The **Organizational Framework Standards** look at the service provider's responsibility to assess the processes it uses to support and improve the individuals' quality of life. They help service providers create and maintain a solid foundation of processes and consistent practices. They also provide information and expectations around topics including:

- Employee Training and Development
- Health and Safety
- Financial Management
- Human Resources

- Anticipated and Unanticipated Situations or Behaviours of Concern
- Planned Positive and Restrictive
  Procedures

Each of the 47 standards has three parts

- 1. An outcomes statement (e.g., Standard 3: Individuals have strong, positive relationships)
- 2. An introduction called *About this Standard*, which includes background details about the standard and provides insight on the evidence CET is looking for
- 3. The indicators, which are rated either present or not present based on the evidence gathered during the CET survey

### **Section 3 – Appendices**

Additional information can be found in the appendices section. Some topics include:

- Relationships and Community Inclusion
- Rights of Individuals Accessing Service
- Employee Training and Development
- Health and Safety

### Section 4 – Areas to Explore

- Physical and Mental Health
- Positive and Restrictive Procedures
- Assistive Technology and/or Environmental Interventions

The *Areas to Explore* section provides specific questions that the CET surveyor may ask about each specific indicator or each of the 47 standards. Service providers can also use this section to gain insight into what evidence an indicator might be requiring and as a resource to help individuals and staff prepare for and become more comfortable with the indicators and topics.

### **Measuring the Standards**

The CET Standards are measured through an on-site survey with the service provider. Surveys are conducted by trained surveyors who have experience in the field of Community Disability Services.

- Quality of Life
  - Surveyors measure the quality of the individuals' lives through one-on-one conversations with a representative sample of individuals accessing service, as well as with their family members, guardians and/or friends
  - As much as possible, the conversations will take place in a relaxed setting that is most comfortable for each of the survey participants
- Quality of Service
  - Surveyors gather information through conversations with staff members who directly support the individuals who participate in the *Quality of Life* conversations
  - The focus of these conversations is on the direct supports that staff provide to the individuals
- Organizational Framework
  - Surveyors measure how the service provider's organizational processes align with these standards by reviewing evidence such as policies and documentation
  - Meetings with the key management group or leadership staff will clarify and confirm the framework and process that supports the organization's operations

At the completion of a survey, the survey team leader writes up a report that documents the survey results and notes any Commendations, Suggestions or Recommendations.

### **Additional Resources**

We regularly add new documents and update existing ones on the <u>ACDS website</u>.

- Federal and Provincial Legislation including Acts, Codes, Licensing and Standards
- <u>CET Preparation Toolkit</u>
- Webinars
- <u>Accreditation Resources</u>

For more information about CET Accreditation, contact your Accreditation Coordinator by phone at 403-250-9495 or email the Accreditation Department at <u>accred@acds.ca.</u>