



Advocating for, supporting, and elevating the Community Disability Services sector in Alberta

Training and Development

ACDS offers a range of training programs for the Community Disability Services (CDS) sector. Our learning opportunities are informed, accessible, and flexible for the CDS sector in Alberta.

We are currently offering training through three delivery methods:



Face-to-face training

A tutor-facilitated learning and evaluation process is held at the learner's organization



Virtual training

Virtual training sessions are hosted via Zoom communications over two to three days



Online training

Online courses can be started and completed at the learner's own pace

What We Offer

Foundations in Community Disability Services

A comprehensive orientation to the knowledge, skills, and attitudes essential to staff in the CDS field

Positive Behaviour Support (PBS) Training

Training designed for staff supporting individuals with complex behavioural needs; a CET requirement

Non-Violent Crisis Intervention (No Holds) Training

Training for staff who do not require knowledge of restrictive interventions in their de-escalation techniques

Outcomes

A short course aiming to provide frontline workers with an approach to one's goals/vision through purposeful and measurable activity

Facilitating Meaningful Change with Outcomes

This course provides a thorough set of tools for learners to facilitate the prioritization of outcomes within their organization

Mindful Hearts: Dementia Care Training Program

How to provide effective, proactive support to patients with dementia; partnership with Winnifred Stewart Association

Med Assist

Best practices and information for assisting individuals with medication; partnership with SARC

Trauma-Informed Abuse Investigation Program

A year-long certification course combining theories and practices of investigative interviewing; partnership with Centre for Investigative Interviewing



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