



Positive Behaviour Supports (PBS)

The Positive Behaviour Supports training program was first introduced by ACDS in the fall of 2001, as Restrictive Procedure Training. The materials have been redeveloped along with the evolving nature of the field to look at behaviours or situations of concern from a more proactive, less punitive person-centred approach. The name has changed to reflect this as well. The course was revised in 2010 and consists of two workshops. PBS Version 3 was published in January 2012 and includes added information on risk assessment and personal safety.

Positive Behaviour Supports: Level One/Two: Develops the knowledge and values base and starts to develop specific skills and competencies. This workshop puts into concrete practice the concepts outlined in Alberta's Creating Excellence Together (CET) Accreditations Standards. The underlying philosophy of the training session focuses upon the individuals and developing the supports that are unique to an individual's needs. This workshop includes training on the following:

- ethical and philosophical foundations,
- roles and responsibilities for implementing a behaviour support plan, (including personal safety and working alone)
- strategies for observing and charting,
- Function of a risk assessment
- clarification of basic and full functional assessments,
- purpose of a Behaviour Support plan,
- behaviour intervention strategies and teaching strategies,
- restrictive interventions and how to use them,
- components of a basic and full functional assessment,
- development of a Positive Behaviour Support Plan

Positive Behaviour Supports (PBS) Train-the-Trainer program:

Provides its participants with the skills necessary to train staff in their home organizations in the areas related to the use of positive practices & restrictive procedures. Newly revised, this interactive workshop will give trainers all the materials, hints and information needed to complete in-house training consistent with the *Creating Excellence Together Standards*. *Training dates and registration forms are available on our website. www.acds.ca*